

SOUTHONS FIELD WILDFLOWER MEADOW

– List of Plants that flowered in 2021



Wild Primrose/Primula Vulgaris – flowered April



Red campion - Silene Dioica/Lychnis – flowered May
is a short-lived perennial which bears its male and female flowers on separate plants. Plants form clumps of downy leaves from which emerge flowering stems up to 1m in height and flowers mainly in late spring. Flowers have five deeply notched, pink petals. Seed capsules have toothed edges as they open to disperse ripe seed on female plants. Red campion is an important plant for wildlife and its nectar attracts hoverflies, butterflies and long-tongued bumble-bees.



Ribwort plantain/Plantago Lanceolate – flowered from May-? Abundance of it in Meadow. It's a perennial herb species flowering between April and August, pollinated by the wind, beetles and flies. The dark green leaves are tightly packed at ground level and have deep veins, which originated the name 'ribwort'. It has small flowers grouped in a spike at the end of a long stem. The flower heads taste surprisingly like mushroom and can also be used by school children as 'pop' guns. The plant has been used as traditional medicine and its leaves are used as tea or for external treatment for skin problems and an antihistamine, antifungal, antioxidant, analgesic and even a mild antibiotic. Very effective at dealing with nettle stings or insect bites/stings unlike Dock which is just a placebo but if your children get stung and you can't find any Plantain, placebos work. The leaves can also be used to make a tea that acts as an effective cough medicine.



Could be Charlock but not sure – flowered May

Type of cabbage but not sure which?



Lady's Bedstraw /Galium Verum – *NOT SURE THIS IS LADY'S BEDSTRAW PHOTO OF LADY'S BEDSTRAW*



Could be a type of cabbage – not sure it's rapeseed



Corn Poppy/Papaver Rhoeas – flowered May – **how many?**



Germander Speedwell/Veronica chamaedrys – flowered May – **transport from grass to meadow**

Considered a good luck charm for travellers, the bright blue flowers of Germander speedwell are meant to 'speed' you on your way. This reputation may well have come about because of its habit of forming large clumps in hedgerows, roadside verges and grassy lanes; it can also be found on grasslands and in open woodlands. The flowers appear from April to June.

How to identify

Germander speedwell a low-growing plant and one of a number of different speedwells. It has upright spikes of bright blue flowers with four petals and a white middle (giving it other common names such as 'Bird's Eye' and 'Cat's Eye'). It has two rows of long white hairs on opposite sites of its stems, unlike the rarer Wood Speedwell, which is hairy all round the stem.



**Chamomile – to be confirmed – flowered
May**



**White Campion/Silene Alba – flowered
May**

At night the blooms produce a heady scent attracting many feeding moths. White Campion is sometimes called the 'Grave Flower' or 'Flower of the Dead' as it can be seen growing in graveyards around tombstones.

**Wintercress/Barbarea Vulgaris – flowered
May**

Not sure it is and season starts in Dec and ends in June

**FOXGLOVES/Digitalis Purpura – flowered
June**



**CORNFLOWER/Centaurea Cyanus – flowered
June**





OX EYE DAISY/Leucanthemum Vulgare

- Flowered June

1000's of them flowered overwhelming the other wild flowers



KIDNEY VETCH/Anthyllis Vulneraria

- Flowered in June

Perennial plant part of the pea family flowering from May-Sept. Bright yellow flowers are kidney shaped woolly and quite distinctive born in pairs on leafy stems. A rich source of nectar for many insects and is the sole food for the larvae of the UK's smallest butterfly – the Small Blue/Cupio Minimus